

Bristol South Cycling Club



Solo 10 Mile Time Trial

Time Trial, Road Bike & Tandem Events

Course U7b

Saturday 16th April 2022

www.bristolsouthcc.co.uk

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary

Luke Smith

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Timekeepers

Mary-Jane Hutchinson

Rob Hutchinson

Prizes

- I am not intending to present awards at the end of the event. However, if possible, I will collect and display finishing times as they come in.
- Results will be communicated electronically as soon as possible afterwards.

Time Trial

(One prize per rider)

Category	Prize
1st Female	£25
2nd Female	£15
3 rd Female	£10
1st Male	£25
2nd Male	£15
3rd Male	£10
1 st Female Vet on Standard	£20
2 nd Female Vet on Standard	£15
3 rd Female Vet on Standard	£10
1 st Male Vet on Standard	£20
2 nd Male Vet on Standard	£15
3 rd Male Vet on Standard	£10

Road Bikes

(No disc wheels, no aero bars)

Fastest Rider: £10

Event Headquarters

Stone & District Village Hall, 54 Court Meadow, Stone, Berkeley GL13 9LR

<https://goo.gl/maps/nGeC57JSKi1WS1957>

<https://stonevillagehall.com/>

Parking & using the HQ

The hall will be open from 1pm for signing on.

Please note there is limited parking at the HQ.

Park at your own risk away from the hall and be mindful it is a residential area.

Due to some concerns raised by local residents, **we've been asked not to park on the road outside the hall** as it reduces it to a single lane and restricts visibility for residents exiting their drives.

There are plenty of laybys on the A38 which can be used.

Also there has previously been unintentional minor damage to hedges and walls caused by bikes being leaned on them, please avoid this.

This may seem picky but issues for local residents could prevent the hall being used for future events.

Course Details

To the START. From the HQ gate go left back towards the main road, at the end of the road turn left onto the A38, follow the A38 for around half a mile to the start, there are plenty of roads to warm up on along the way.

Please no passing the start to warm up or 'U' turns in the road near the start.

At the START.

It is likely there will be no pusher off.

Course U7b: Start on A38 in northern end of layby (GR695963) approximately half a mile south of Newport. Proceed north on the A38 through Berkeley Road and over the railway bridges to the Slimbridge roundabout where turn (5.3 miles). Circle and retrace south on the A38 to finish on opposite side of the road to a bus stop just south of Newport (GR698971) approx. ¼ mile before the start.

SHOUT your number as you pass the Timekeeper at the **FINISH**.

- No 'U' turns in the road near the finish and be aware of other road users.
- Please take care at the roundabout and junctions. In particular, riders are asked to note that the road narrows at the Berkeley railway bridge in both directions.
- The road also narrows on the approach to the car auctions (about ½ mile north of the Berkeley railway bridge).
- Take care and be aware of traffic at the roundabout
- Please make sure that inconvenience to the public and other road users be kept to a minimum. Be considerate of all other road users including horses and riders.

<https://www.cyclingtimetrials.org.uk/course-details/u7b>

Competitors' Notes

Important: Signing on and signing out at the HQ

- The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.
- Please be aware of following CTT Regulations
 - No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine **a working rear red light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.
 - No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **a working front white light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.
- **NO WORKING FRONT & REAR LIGHT - NO RIDE.** This will be strictly enforced.
- **All competitors must wear a properly affixed helmet** which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078
- Dangerous riding will result in disqualification. **Please keep your head up for a safe ride.**
- This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed, you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required, you must report to Doping Control after finishing without delay.

Course Records

Solo Male

00:19:19

David Janes

29-Aug-20 | FTP Racing

Solo Female

00:21:34

Megan Dickerson

12-Jun-21 | The University of Bristol Cycling Club

Solo Male (Junior)

00:21:42

Euan Taylor

11-May-19 | Bristol South Cycling Club

Solo Female (Junior)

00:24:51

Freya Richardson

11-May-19 | Bristol South Cycling Club

Tandem

00:21:15

Jon Wiggins, Chris McDonald

31-Jul-21 | PDQ Cycle Coaching

Rider List and Start Times

Start Number	Start Time	Rider	Club	Gender	Category
		Tandem			
2	14:04:00	Guy Preece	Gloucester City Cycling Club	Male	Veteran
2	14:04:00	Victoria Preece	Gloucester City Cycling Club	Female	Veteran
	14:05:00	Road Bikes			
6	14:06:00	Steven MacDonald	Bristol South Cycling Club	Male	Veteran
7	14:07:00	Ollie Smith	PDQ Cycle Coaching	Male	Senior
	14:08:00				
	14:09:00	Time Trial			
10	14:10:00	Ed Graefe	East London Velo	Male	Veteran
11	14:11:00	Iain Bell	Abergavenny RC	Male	Veteran
12	14:12:00	Haydn Davies	Giant CC Halo Films	Male	Veteran
13	14:13:00	Arja Scarsbrook	Team Echelon	Female	Veteran
14	14:14:00	Jamie Swann	University of Bristol Cycling Club (UOBCC)	Male	Senior
15	14:15:00	Lee Francis	Velo Club Bristol	Male	Senior
16	14:16:00	Jonathan Warner	LFGSS CC	Male	Veteran
17	14:17:00	Anne Loh	NAUT Cycling	Female	Veteran
18	14:18:00	Simon Von Bromley	Bristol South Cycling Club	Male	Senior
19	14:19:00	Oscar Hutchings	Team Tor 2000 KALAS	Male	Senior
20	14:20:00	Mark Bradley	Bristol South Cycling Club	Male	Veteran
21	14:21:00	Dan Letherbarrow	Cheltenham & County Cycling Club	Male	Senior
22	14:22:00	Edric Hobbs	VTTA West Group	Male	Veteran
23	14:23:00	Joanna Knight	Bristol South Cycling Club	Female	Veteran
24	14:24:00	Jason Maule	Somer Valley Cycling Club	Male	Veteran
25	14:25:00	Alexander Ballinger	George Fox Cycling Solutions	Male	Senior
26	14:26:00	John O'Dwyer	Dursley Road Club	Male	Veteran
27	14:27:00	Poppy Thompson	Pro-Noctis - Redchilli Bikes - Heidi Kjeldsen	Female	Senior
28	14:28:00	Daniel Kempe	Bristol South Cycling Club	Male	Veteran
29	14:29:00	Andrew Derrick	Portishead Cycling Club	Male	Veteran
30	14:30:00	Andrew Legge	Bristol South Cycling Club	Male	Veteran
31	14:31:00	Gareth Jones	Clevedon & District Road Club	Male	Veteran
32	14:32:00	Tom Woollard	Northover VT / Rudy Project / SCS	Male	Veteran
33	14:33:00	Robert Jones	Cardiff 100 Miles RCC	Male	Veteran
34	14:34:00	Bob Brabbins	VTTA West Group	Male	Veteran
35	14:35:00	Rachel Green	Cheltenham & County Cycling Club	Female	Veteran
36	14:36:00	Owen Burgess	Chippenham & District Wheelers	Male	Senior
37	14:37:00	Richard Emery	Severn Road Club	Male	Veteran
38	14:38:00	Stu Carver	North Hampshire RC	Male	Veteran
39	14:39:00	George Thorne	Beacon Roads CC	Male	Senior

40	14:40:00	David Bolton	Bristol South Cycling Club	Male	Veteran
41	14:41:00	Mike Skidmore	Cheltenham & County Cycling Club	Male	Senior
42	14:42:00	Tony Russell	Dursley Road Club	Male	Veteran
43	14:43:00	Paul Follo	Gloucester City Cycling Club	Male	Veteran
44	14:44:00	Wayne Baker	Team Echelon	Male	Veteran
45	14:45:00	Andrew Butcher	Cwmcarn Paragon Road Club	Male	Veteran
46	14:46:00	Robert Latchem	Somer Valley Cycling Club	Male	Veteran
47	14:47:00	Maria Powell	Bristol South Cycling Club	Female	Veteran
48	14:48:00	Dan Smith	VØRANJE	Male	Senior
49	14:49:00	Michael Parker	TMG Horizon Cycling Team	Male	Veteran
50	14:50:00	Nick English	AeroCoach	Male	Veteran
51	14:51:00	Tom Burke-Nott	Bristol South Cycling Club	Male	Veteran
52	14:52:00	Dan Laasna Reuter	Virtual Cycling Club	Male	Veteran
53	14:53:00	Roger Taylor	Frome and District Wheelers	Male	Veteran
54	14:54:00	John J Murphy	Gloucester City Cycling Club	Male	Veteran
55	14:55:00	Lewys Hobbs	UF Rowe & King	Male	Senior
56	14:56:00	Kevin Grant	Frome and District Wheelers	Male	Veteran
57	14:57:00	Paul Rogoll	PDQ Cycle Coaching	Male	Veteran
58	14:58:00	William Hamilton	FTP RC	Male	Senior
59	14:59:00	Josh Griffiths	FTP (Fulfil the Potential) Race Team	Male	Senior
60	15:00:00	Philip Tucker	Bynea Cycling Club	Male	Veteran